

# FUNCTIONAL HEALING APPROACH

FOUNDATION

**EXPOSURE**  
REDUCE TOXIC ENVIRONMENT AND STRESS EXPOSURE

**MINDSET**  
SLEEP QUALITY  
MINDFULNESS  
EMOTIONAL TRAUMA HISTORY

**DIET**  
IDENTIFY AND CUT OUT PROBLEMATIC FOODS & ALLERGENS FROM DIET

**NEURO - ENDO - IMMUNE MODULATION \* INFLAMMATION & CHRONIC INFECTIONS**

PRETOX

**GI TRACT**  
Intestinal Dysbiosis  
SIBO  
Candida & Yeast Infections  
H.Pylori  
Intestinal Parasites  
Intestinal Permeability  
Commensal Microbiota Restoration

**DRAINAGE**  
LYMPHATIC SYSTEM  
BILE FLOW including Liver and Biliary Tract Parasites  
KIDNEY DRAINAGE SUPPORT

**METABOLIC IMBALANCES**  
OXALATES  
BLOOD SUGAR LEVELS  
KPU/HPU  
HISTAMINE METABOLISM  
MINIMAL METHYLATION SUPPORT  
MINIMAL MITOCHONDRIAL SUPPORT

**OXIDATIVE STRESS**  
ROS  
RNS (ONOO-)  
GSSG  
BH2  
OH

**PHASE III DETOX**  
MRP1 proteins  
MRP2 proteins  
OAT proteins

**PHASE II & PHASE I DETOX SUPPORT**  
Nrf2 Upregulation  
Glutathione System  
Amino Acids Conjugation  
Acetylation  
Glucuronidation  
Heavy Metals  
Mycotoxins

CHEMOPROTECTION

**FULL MITOCHONDRIAL SUPPORT**

**FULL METHYLATION SUPPORT**

FULL SUPPORT

CELLULAR & MITOCHONDRIAL MEMBRANE REPAIR & SUPPORT

USE OF DNA RESULTS FOR PRECISION

PHOSPHOLIPID EXCHANGE



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